

MPOWER DANCE STUDIO

2022 FALL SCHEDULE

08.08.22 - 12.01.22

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
Mon - 9:15 AM								Fri - 9:30 AM			Sat - 9:00 AM
Cheer & Tumble (ages 3 - 5) Hannah 9:15 - 10:00								ADULT REB3L Groove Maria 9:30 - 10:30			ADULT Barre Christa 9:00 - 10:00
	Mon - 10:30 AM			Wed - 10:30 AM	Wed - 10:30 AM	Th - 10:30 AM		Fri - 10:30 AM		BALLROOM DANCE w/ AL BREWER Offered Saturday & Sunday Contact Al at 303-909-7103 for more info!	
	Ballet & Jazz (ages 3 - 5) Maria 10:30 - 11:15			Hip Hop (ages 3 - 5) Maria 10:30 - 11:15	ADULT Yoga Tiffany 10:30 - 11:30	Tumble (ages 3 - 5) Maria 10:30 - 11:15		You & Me (ages 2 - 5) Maria 10:30 - 11:15		SATURDAY YOGA WORKSHOPS w/ TIFFANY Offered Once a Month on Saturday More info to come!!	

M - 4:30 PM	M - 4:30 PM	T - 4:30 PM	T - 4:30 PM	Wed - 4:30 PM	Wed - 4:30 PM	Th - 4:30 PM	Th - 4:30 PM	Fri - 4:30 PM	Fri - 4:30 PM	MPOWER DANCE STUDIO Our Fall Season kicks off on Mon 08/08 . Our Winter Production - Grinchiest Time of Year will be held on Sat 12/03. Check out our "2022 Pricing Sheet" for more information on choreography workshops, costumes and more! 2 - 5 Y.O. CLASSES Memberships start at \$ 60 / month REC CLASSES Memberships start at \$ 65 / month Questions about LVL Placement? Contact Maria . COMPANY / COMPETITIVE Memberships start at \$ 115 / month Learn More about Teams & Requirements HERE ADULT CLASSES \$100 / 10 Classes (\$125 Value!!) PRIVATE LESSONS Reach out to your Instructor to Schedule Pricing: \$60 / hour or \$30 / half hour
LVL 1 & 2 Tumbling Kelly / Trish 4:30 - 5:30	COMPANY ACRO Shooting Stars Hannah 4:30 - 5:30	LVL 1 Hip Hop Maria 4:30 - 5:30	Ballet & Tap (ages 3-5) Lauren 4:30 - 5:30	LVL 1 Cheer Hannah / Delaney 4:30 - 5:30	Open Level Acro / Contortion Maria 4:30 - 5:30	LVL 2 Jazz Maria 4:30 - 5:30	LVL 1 Ballet/Jazz Christa 4:30 - 5:30	Open Gym Kelly 4:30 - 5:30	Hot Shots Rec Poms & Cheer Katie 4:30 - 5:30	
M - 5:30 PM	M - 5:30 PM	T - 5:30 PM	T - 5:30 PM	Wed - 5:30 PM	Wed - 5:30 PM	Th - 5:30 PM	Th - 5:30 PM	Fri - 5:30 PM	Fri - 5:30 PM	
COMPETITIVE CHEER Envision - 1 Hannah/Delaney 5:30 - 6:30	LVL 5 Tumbling Kelly 5:30 - 6:30	COMPANY DANCE Mini Stars Maria 5:30 - 6:30	Musical Theater (ages 7+) Christa/Ginny 5:30 - 6:30	COMPANY DANCE All Stars PINK & BLACK Hip Hop Maria 5:30 - 6:30	LVL 2/3 Cheer Hannah / Delaney 5:30 - 6:30	ADULT REB3L Groove Shaunna 5:30 - 6:30	LVL 2 Ballet Christa 5:30 - 6:30	EXTRA COMPETITIVE CHEER Hannah/Delaney * Not Every Week *	EXTRA LINE REHEARSAL Maria/Christa * Not Every Week *	
M - 6:30 PM	M - 6:30 PM	T - 6:30 PM	T - 6:30 PM	Wed - 6:30 PM	Wed - 6:30 PM	Th - 6:30 PM	Th - 6:30 PM	Open for Private Lessons	Open for Private Lessons	
COMPETITIVE CHEER Inspire - 2 Hannah/Delaney 6:30 - 7:30	LVL 3 Tumbling Kelly 6:30 - 7:30	LVL 2/3 Hip Hop Maria 6:30 - 7:30	ADULT Barre Christa 6:30 - 7:30	COMPANY DANCE All Stars PINK Jazz Maria 6:30 - 7:30	COMPANY DANCE All Stars BLACK Lyrical Christa 6:30 - 7:30	COMPANY DANCE Rising Stars Poms & Hip Hop Maria / Lilly 6:30 - 7:45	LVL 3 Ballet (Pre-Pointe) Christa 6:30 - 7:45			
M - 7:30 PM	M - 7:30 PM	OPEN IN CASE WE NEED TO ADD EXTRA CLASSES BASED ON ENROLLMENT	T - 7:30 PM	Wed - 7:30 PM	Wed - 7:30 PM	T - 7:45 PM	Open for Private Lessons	Open for Private Lessons	Open for Private Lessons	
LVL 4 Tumbling Kelly/Hannah 7:30 - 8:30	LVL 6 Tumbling Kelly/Hannah 7:30 - 8:30		Lyrical (ages 8+) Christa 7:30 - 8:30	COMPANY DANCE All Stars BLACK Jazz Maria 7:30 - 8:30	COMPANY DANCE All Stars PINK Lyrical Christa 7:30 - 8:30	LVL 3 Jazz Maria 7:45 - 8:45				

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